


Domestic Violence Awareness Month 31 Ways in 31 Days Challenge

October is Domestic Violence Awareness Month (DVAM) and ICADV is challenging you to take a stand and show your support for 31 days to raise awareness for survivors, victims and communities impacted by domestic violence.

October 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Challenge Share! Send this calendar to friends, family and neighbors encouraging them to participate	2 Post this calendar in your office break room or community area	3 Place a badge on your Facebook profile picture for the month of October at http://twibbon.com/support/dvam-iowa-2016	4 Replace an exterior lightbulb with a purple bulb for the month of October	5 Applications for The Alice Barton Scholarship Program open today! Submit an application at www.icadv.org	6 Purchase your tickets to the 3 rd Annual Wine, Women and Shoes on Saturday, Oct. 21, 2017!	7 Send an e-mail to your ListSers about DVAM to raise awareness and support
8 "Like" ICADV's Facebook page	9 Submit an Op-Ed piece to your local newspaper about domestic violence in your community	10 Wear a purple ribbon to raise awareness for DVAM	11 Coordinate a domestic violence walk and/or event	12 Go Purple for DVAM. Wear an item of purple clothing	13 Sign up for ICADV's e-newsletter	14 Connect with a local domestic violence agency to learn how you can get involved and help
15 Participate in an event during National Week of Action Oct. 15-21	16 Get involved a social justice organization in your community	17 Follow ICADV on Twitter as they chat with NNEDV	18 Visit your local hair salon and color a stand of hair purple to raise awareness	19 Participate in #PurpleThursday	20 Contact lindsay@icadv.org to learn how organizations can partner with ICADV to impact survivors of domestic violence	21 Join ICADV at the 3rd annual Wine, Women and Shoes TONIGHT!

22 Coordinate a prevent lecture/presentation on domestic violence in your community	23 Tweet one fact/article about domestic violence for one week in October	24 Organize a family meeting to discuss healthy relationships and the warning signs of teen dating violence	25 Make a donation to ICADV or your local domestic violence agency	26 Donate clothing, food, toys and/or time to a local domestic violence agency for victims and survivors in need	27 Submit your photos to lindsayp@icadv.org showing your support and/or participation in events during DVAM	28 Light a candle to remember someone who has lost their life to domestic violence
29 Make a note to recognize January as National Stalking Awareness Month and February as Teen Dating Awareness Month	30 Contact your state and national representatives to advocate for survivors of intimate partner violence	31 Take one minute of silence to remember victims who have lost their life to domestic violence	<div>  <div> ICADV IOWA COALITION AGAINST DOMESTIC VIOLENCE </div> </div>			